



## Sign-Up Procedure

**Step 1 – First contact Head Coach Daryn Glasgow ([CoachGlasgow@gmail.com](mailto:CoachGlasgow@gmail.com) or 530 268-1209) to schedule a meeting and try-out time. Try-outs are usually done the last week of each month. Complete the “Try-Out Form” and bring it to your meeting with Coach Daryn along with a completed “Team Registration & Medical Form.”**

**Step 2 – By the conclusion of the try-out period:**

- \*Swimmer must be registered with USA Swimming (an annual registration).
- \*Swim fees for the current month must be paid.
- \*Swim equipment (based on group) must be purchased.

### Annual USA Swimming Registration:

All swimmers are required to be current registered athlete members of USA Swimming. To register with USA Swimming go to <http://www.swimconnection.com/sn> You will need to create an account under “Login.” Once you have created an account you will be able to “New/Renew Swimmer Registration.” Register with “BEAR – Bear River Swimming” Print out a confirmation of your registration and turn in to the coaches along with the Team Registration & Medical Form. (Note: SwimConnection is contracted to provide USA Swimming Registration services for our local swimming area – Sierra Nevada Swimming. BEAR is 1 of about 50 teams in Sierra Nevada Swimming). If joining during the month of August – please talk to Coach Daryn BEFORE completing the USA Swimming Registration process.

### Monthly Swim Fees

Swim fees are billed monthly and are payable the 1st of each month. Around the first of each month you will receive a notice via email of balance due. Fees are due whether or not you receive an invoice. Dues are either mailed in or dropped off at the pool. New swimmers are to pay the current month's fees when registering. Monthly fees are pro-rated for the first month for NEW swimmers only. Once a swimmer is or has been a member of the team there is no pro-ration of the monthly dues.

#### Monthly Fees:

<b>Bronze Group</b>	<b>\$70</b>
<b>Silver Group</b>	<b>\$80</b>
<b>Gold Group</b>	<b>\$90</b>
<b>Junior Team</b>	<b>\$100</b>
<b>Senior</b>	<b>\$110</b>
<b>Senior Elite</b>	<b>\$110</b>

**Once a swimmer has participated in any single activity (practice, meet, social event, etc.) they are considered "active" for that month and responsible for that month's fees.**

### Swim Equipment:

Swimmers are required to purchase and have at practice each day the swim equipment appropriate for their group. Swim equipment should be ordered online at [www.swimoutlet.com/BEAR](http://www.swimoutlet.com/BEAR)

# Bear River Swimming

## Team Tryout Form

Bear Aquatic Club, a USA Swimming Team offers prospective members the opportunity to swim with the team for *up to a week*. This time period should be adequate to allow the swimmer and their family to evaluate our program and for the coaching staff of BEAR to evaluate the swimmer. Both evaluations are critical to ensure that a potential union is in both parties best interest. ***Please note that the tryout period is for one calendar week and not seven days of swimming at the swimmers discretion. All try-outs are done the last week of the month.***

**Step 1:** Please review the team information on the website.

**Step 2:** Please fill out the **Registration/Release Form** and return it with this form.

**Step 3:** Contact Daryn Glasgow, Head Coach at CoachGlasgow@gmail.com, or at 530 268-1209, to set up a meeting. It is mandatory that a parent be present for the meeting.

Please fill out the following information and bring this sheet to the meeting:

<b>Swimmers Name:</b>
<b>Age/School/Grade:</b>
<b>Address:</b>
<b>Phone:</b>
<b>USS Registration Number (if you have one):</b>

- How did you hear about Bear Aquatic Club?
- Please give a brief description of your swimming background, including rec., high school, and USS.
- Please list best events and time:


- Please describe any injuries or medical conditions:
- What would you expect from Bear Aquatic Club?
- What are your swimming objectives?
- If you are currently with a USA Swim team, which one, and have you spoken to the coach about your concerns?

***Thank you very much for your interest in Bear Aquatic Club.***

**Swimmer Name /Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent Name /Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



# Swim Team Registration & Medical Form

Group Assignment:(*completed by coach*):

*Bronze  
Silver  
Gold  
Junior  
Senior*

<hr/> <small>(Swimmers) First Name</small>	<hr/> <small>Middle Initial</small>	<hr/> <small>Last Name</small>	<hr/> <small>____/____/____ Date of Birth</small>
<hr/> <small>Swimmer's Tee Shirt Size: _____ (YL, S, M, L, XL)</small>			
<hr/> <small>Primary/Billing Contact (Mother/Father or Guardian)</small>		<hr/> <small>Secondary Contact (Mother/Father or Guardian)</small>	
<hr/> <small>Street Address</small>		<hr/> <small>Street Address</small>	
<hr/> <small>City</small>	<hr/> <small>State</small>	<hr/> <small>Zip</small>	<hr/> <small>City</small>
<hr/> <small>Home Phone</small>	<hr/> <small>Cell / Work Phone</small>	<hr/> <small>Home Phone</small>	<hr/> <small>Cell / Work Phone</small>
<hr/> <small>Email</small>		<hr/> <small>Email</small>	

**Emergency Contact and Medical Information:** In the event a parent/guardian cannot be reached, the following persons have my permission to care for and/or authorize medical or surgical services for my child:

<hr/> <small>Emergency Contact</small>	<hr/> <small>Relationship</small>	<hr/> <small>Phone Number</small>
<hr/> <small>Physician Name</small>		<hr/> <small>Phone Number</small>
<hr/> <small>Medical Insurance Co./Phone Number</small>		
<hr/> <small>Medical Policy Number</small>		<hr/> <small>Dentist Name/Number</small>
<hr/> <small>Are there any medical concerns that the coaching staff should be aware of? _____ (Please use back of page or additional paper if necessary to provide pertinent information).</small>		

We understand the financial commitments required of each member family. We understand that fulfillment of these commitments is necessary for the welfare and continued success of Bear River Swimming and will be a condition for participation of our swimmer(s) on the team.

- **Swim fees are due before the 1<sup>st</sup> of each month. All swimmers are required to purchase assigned swim gear.**
- **All swimmers must be registered members of USA Swimming – for 2012 an annual fee of \$72.**
- **Fundraising - E-Scrip:** Each family is requested to register with E-scrip and list Bear River Swimming as a benefiting organization. You can list up to three organizations on your account. The Bear River Swimming ID# is 500016840. You can sign up by visiting [www.escrip.com](http://www.escrip.com).

The undersigned, parent(s) or legal guardian(s) of \_\_\_\_\_ certify that he/she is of good physical condition and is fit for participation in the activities of Bear River Swimming Association, Inc. I/We understand these activities include aerobic exercises, swim workouts, swim meets, and other activities routinely associated with the development and participation in USA Swimming functions (activities may include transportation to and from meets and swim related social functions). The undersigned shall jointly and severally hold Bear River Swimming Association, Inc., all officers, agents, and employees of Bear River Swimming Association, Inc. harmless from any and all liabilities for personal injury and property damage which might arise out of or relate to the conduct of participation in the activities of Bear River Swimming Association, Inc. I/We fully understand the risks associated with physical activities such as competitive swimming and hereby give our permission for participation to the above participant for whom we are the legal parent(s) or guardian(s). I/We also hereby agree to the provision of emergency medical procedures that may be required due to illness or injury which might arise out of the participation in the activities of Bear River Swimming Association, Inc. to provide emergency medical treatment through a fully licensed hospital or through the family physician or dentist listed.

\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Relationship to Swimmer*

\_\_\_\_\_  
*Date*